

ANDREWS ACADEMY
HEALTHY HABITS BREAKFAST AND LUNCH MENU-AUGUST 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
<u>BREAKFAST</u> Egg Sandwich on Croissant	<u>BREAKFAST</u> French Toast with Turkey Bacon	<u>BREAKFAST</u> Yogurt Parfait Blueberry Muffin	<u>BREAKFAST</u> Scrambled Eggs Wheat Toast	<u>BREAKFAST</u> Sausage, Egg and Cheese Burrito
<u>MORNING SNACK</u> Granola Bar	<u>MORNING SNACK</u> Apples	<u>MORNING SNACK</u> Yogurt cup	<u>MORNING SNACK</u> Bananas	<u>MORNING SNACK</u> Cuties
<u>LUNCH</u> Beef or Cheese Nachos (lettuce, tomato, sour cream) Fiesta Corn Churros	<u>LUNCH</u> Chicken Tenders Veggie Nuggets Steamed Rice Broccoli	<u>LUNCH</u> Turkey Sandwich on Wheatberry Veggie Sandwich Sun chips Fruit Salad	<u>LUNCH</u> Cheese Pizza Tossed Salad Cookie	<u>LUNCH</u> Mac and Cheese Green Beans Caesar Salad
<u>AFTERNOON SNACK</u> Animal Crackers	<u>AFTERNOON SNACK</u> Pretzels and Cheese Stick	<u>AFTERNOON SNACK</u> Vanilla Pudding and Vanilla wafers	<u>AFTERNOON SNACK</u> Trail mix	<u>AFTERNOON SNACK</u> Baked Goldfish Crackers

Cereal and Fruit available daily with breakfast. Yogurt, cheese sticks, Sun butter & jelly sandwiches available daily.



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